## **Retainer Graduation**

Now that you are familiar with your retainers and your smile is beautiful, we want to ensure you keep it that way! Although you no longer need to come visit us for retainer check-ups, you still need to wear your retainers every night (approximately 8 hours) for life to ensure that your teeth don't shift back to their original position. Please remember the following:

- 1. If your retainers are uncomfortable, ill-fitting, broken or lost, please contact our office to have an evaluation as soon as possible.
- 2. There will be a fee for your future visits, repairs or replacements of your retainers.
- 3. Please contact our office if you have any questions or concerns.

Your referral is the greatest compliment you can give us!